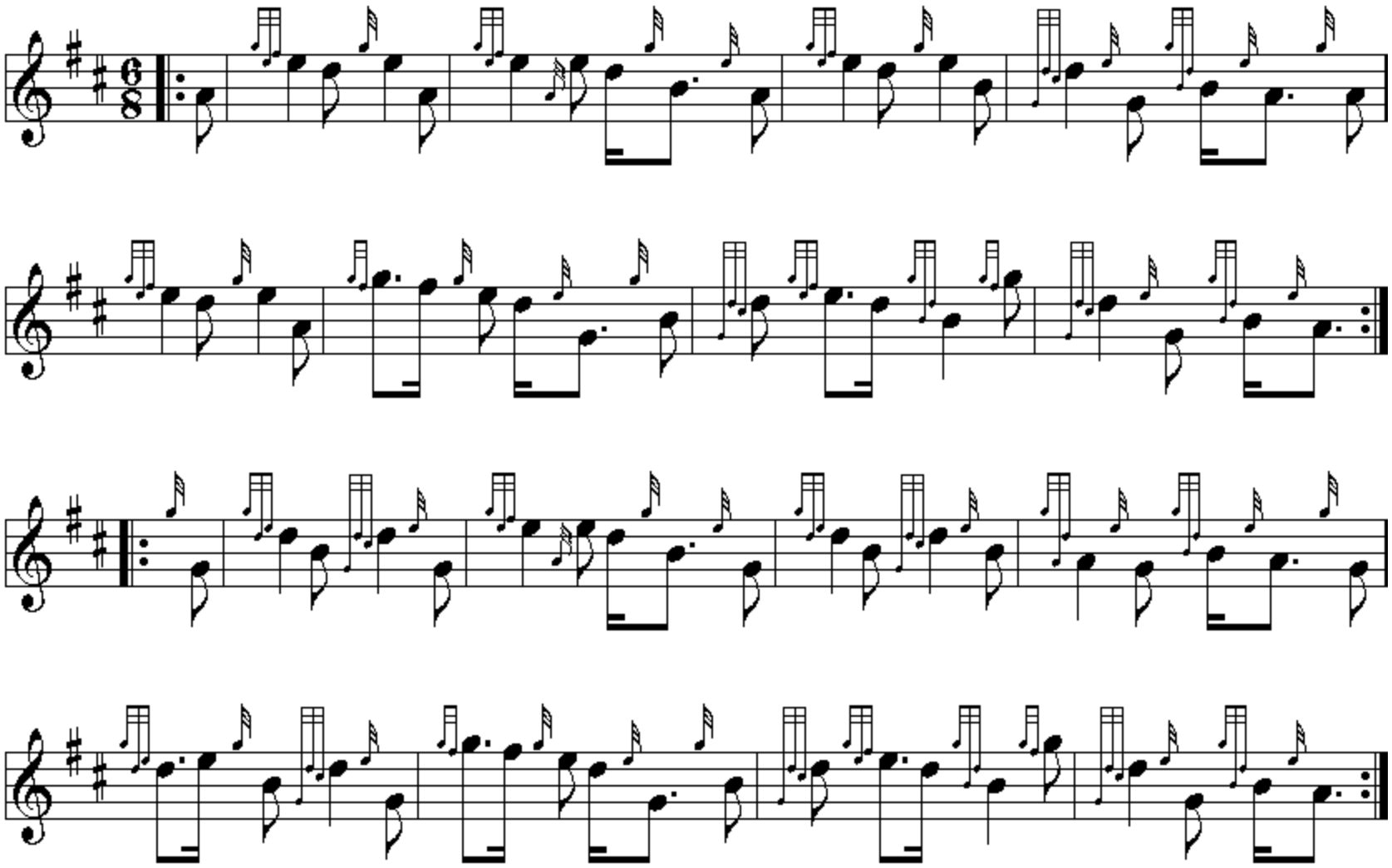MacCrimmons Lament Slow Air Donald Ban, arr. P. Heineman